

The Conversation: resources shared by colleagues

This document provides a collation of resources mentioned by colleagues participating in the weekly COVID-19 ECHO sessions. It also includes information about a selection of other materials which have been brought to our attention outside of, but in relation to the ECHO sessions – these entries are shaded and the date when they were added to the list is noted in the ‘ECHO date’ column. Links to documents provided by ECHO participants are included as we receive them. Whilst this list focuses on resources from the UK, it also includes a few materials from overseas so please note that medications recommended will vary from UK practice, and the pathways/operational guidance reflect local requirements.

This list represents material and sources of help and support that have been brought to our attention; there may be further relevant resources which are not noted here. Inclusion in the list below does not imply approval or endorsement. It is the responsibility of the reader to check for latest updates and determine the accuracy, validity and application of these resources and obtain any appropriate professional advice.

Presentations from the ECHOs

Presentations and resources shared by speakers are available on the COVID-19 Project ECHO Network and Resources page of Hospice UK’s website.

| Main topic | Sub-topic | Resource | ECHO date |
|------------------|-------------|--|-------------------|
| Patient care | | | |
| | Bereavement | Marie Curie: Telephone bereavement support. https://www.mariecurie.org.uk/help/support/telephone-bereavement-support | 12 March |
| | | Weekly national webinar for bereavement service managers Bereavement services and COVID-19 webinar registration 12:00-13:00 (on Thursdays), from the National Bereavement Alliance and Childhood Bereavement Network | 01 April |
| Care after death | | | |
| | | Excess death provisions: information and guidance for medical practitioners https://improvement.nhs.uk/resources/establishing-medical-examiner-system-nhs/#h2-coronavirus-act-excess-death-provisions-information-and-guidance-for-medical-practitioners NHS Improvement. <i>The national medical examiner system</i> [Online] Updated 01 April 2020 | 01 April |
| | | New national medical examiner system for England and Wales https://improvement.nhs.uk/resources/establishing-medical-examiner-system-nhs/ NHS Improvement. <i>The national medical examiner system</i> [Online] Updated 01 April 2020 | Added 01 April |
| | | Death certification guidance for medical practitioners (Scotland) https://hpspubsrepo.blob.core.windows.net/hps-website/nss/2989/documents/1_covid-19-cmo-copfs-police-scotland-letter-mccd-provision-24-03-2020.pdf The Scottish Government: Chief Medical Officer Directorate. <i>Re: Guidance to medical practitioners for death certification during the COVID-19 Pandemic.</i> [Letter] 2020 March 24 | Added 01 April |
| | | Registration of deaths (Scotland) https://www.nrscotland.gov.uk/registration/registering-a-death | Added 01 April |

| Main topic | Sub-topic | Resource | ECHO date |
|------------|----------------------|--|-------------------|
| | | National Records of Scotland. <i>Registration FAQs: registration services during the COVID-19 pandemic – FAQs</i> [Online] | |
| | | <p>Guidance for care of the deceased</p> <p>https://www.gov.uk/government/publications/covid-19-guidance-for-care-of-the-deceased</p> <p>Advice primarily designed to assist people required to manage bodies of deceased persons infected with coronavirus (COVID-19).</p> <p><i>Includes guidance for safe funerals.</i></p> <p>Public Health England (2020) <i>Guidance for care of the deceased with suspected or confirmed coronavirus (COVID-19)</i>. [Online] Published 31 Mar. 2020</p> | Added 01 April |
| | Communication | | |
| | | <p>Evidence-based advice for difficult conversations</p> <p>https://www.realtalktraining.co.uk/covid19-evidence-based-advice-difficult-conversations</p> <p>Parry R. <i>COVID-19: evidence-based advice for difficult conversations</i>. Real Talk [Blog post] 2020 Mar 16</p> | Added 24 March |
| | | <p>How to support your loved one if you can't visit them in person</p> <p>https://www.mariecurie.org.uk/blog/how-to-support-your-loved-one-if-you-cant-visit-them-in-person/270458</p> <p>Marie Curie Talkabout. <i>How to support your loved one if you can't visit them in person</i> [Blog post] 2020 Mar 16</p> | Added 24 March |
| | | <p>COVID-ready communication skills: A playbook of VitalTalk tips</p> <p>https://docs.google.com/document/d/1uSh0FeYdkGgHsZqem552iC0KmXIgaGKohl7SoeY2UXQ/mobilebasic</p> <p>A primer compilation from VitalTalk (Seattle) providing some practical advice on how to talk about difficult topics related to COVID-19.</p> | Added 20 March |
| | | Talking with people and families about planning care, death and dying | 01 April |

| Main topic | Sub-topic | Resource | ECHO date |
|------------|---------------------------------|---|-------------------|
| | | <p>RED-MAP is a 6-step approach to conversations about planning care, deteriorating health and dying developed in Scotland and with SPICT partners in the UK and internationally.</p> <p>Effective Communication for Healthcare. COVID-19: <i>Effective communication for professionals</i>. NHS Scotland [Online]</p> | |
| | | <p>Support during the COVID-19 pandemic</p> <p>https://www.goodlifedeathgrief.org.uk/content/support_with_covid19/</p> <p>A collation of resources and information to aid conversations and informed decision making.</p> <p>Good Life, Good Death, Good Grief. <i>Support during the COVID-19 pandemic</i>. Scottish Partnership for Palliative Care [Online]</p> | 01 April |
| | | <p>Anticipatory Care Planning for COVID-19</p> <p>https://ihub.scot/acp-covid-19</p> <p>Healthcare Improvement Scotland iHub. <i>Anticipatory Care Planning for COVID-19</i> [Online]</p> | 01 April |
| | General | | |
| | | <p>ReSPECT (Recommended Summary Plan for Emergency Care and Treatment)</p> <p>https://www.resus.org.uk/respect/health-and-care-professionals/</p> <p>Resuscitation Council (UK). <i>The ReSPECT Process</i> [Online]</p> | Added 01 April |
| | NICE guides | <p>Coronavirus (COVID-19): Rapid guidelines</p> <p>- critical care [NG159]: https://www.nice.org.uk/guidance/ng159 - dialysis service delivery [NG160]: https://www.nice.org.uk/guidance/ng160 - systemic anticancer treatments [NG161]: https://www.nice.org.uk/guidance/ng161</p> | Added 25 March |
| | Illnesses and conditions | | |
| | Dementia care | <p>COVID-19: information for families looking after someone with dementia</p> <p>https://www.dementiauk.org/get-support/coronavirus-covid-19/</p> | 01 April 2020 |

| Main topic | Sub-topic | Resource | ECHO date |
|------------|--------------------------------|--|-------------------|
| | | Dementia UK. <i>Coronavirus (COVID-19): information for families looking after someone with dementia</i> [Online] | |
| | Learning from pandemics | | |
| | | <p>Learning from hospices in Italy</p> <p>https://www.medrxiv.org/content/10.1101/2020.03.18.20038448v1.full.pdf</p> <p>From: Costantini M, Sleeman K E, Peruselli,C, Higginson I J. (2020) Response and role of palliative care during the COVID-19 pandemic: a national telephone survey of hospices in Italy. [Pre-print] medRxiv preprint doi: https://doi.org/10.1101/2020.03.18.20038448</p> | 25 March |
| | | <p>Approaches to planning palliative care in a pandemic</p> <p>https://www.jpsmjournal.com/article/S0885-3924(09)01143-9/fulltext</p> <p>Downar J & Seccareccia D (2010) Palliating a pandemic: “all patients must be cared for”. <i>J Pain & Symptom Management</i> 39(2): 291-295</p> | 18 March |
| | | <p>The challenge of providing holistic care in a viral epidemic: opportunities for palliative care.</p> <p>https://journals.sagepub.com/doi/pdf/10.1191/0269216304pm859oa</p> <p>Leong IY-O, Lee A O-K, Ng T W, Lee L B, et al (2004). The challenge of providing holistic care in a viral epidemic: opportunities for palliative care. <i>Palliative Medicine</i> 18(1): 12–18. Doi: https://doi.org/10.1191/0269216304pm859oa</p> | Added 18 March |
| | | <p>Palliative care needs of people affected by natural hazards, political or ethnic conflict, epidemics of life-threatening infections, and other humanitarian crises.</p> <p>https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-2</p> <p>Care of the dying patient.</p> <p>https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-9</p> | Added 18 March |

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|------------|--|--|-------------------|
| | | From: Waldman E & Glass M. (eds.) (2019) <i>A field manual for palliative care in humanitarian crises</i> . New York: Oxford University Press – These chapters have been made open access to assist with care during COVID-19 | |
| | Medicines, management & prescribing | | |
| | | APPM master formulary https://www.appm.org.uk/guidelines-resources/appm-master-formulary/ APPM (2020) <i>Association for Paediatric Palliative Medicine master formulary</i> . APPM, 5 th ed. | 25 March |
| | | Prescribing safely under COVID-19 (nurse prescribers) https://www.rcn.org.uk/clinical-topics/medicines-management/covid-19-remote-prescribing Royal College of Nursing. <i>Prescribing safely under COVID-19</i> [Online] | 01 April |
| | Medicines, management & prescribing: Drugs administration: carers | Carer administration of as-needed subcutaneous medicines https://subcut.helixcentre.com/ This resource is adapted from the CARIAD study led by University of Bangor and designed by the Helix Centre. It is supported by NHS England. | 25 March |
| | Patient groups | | |
| | Older people | Silver Line: helpline for older people (to combat isolation) https://www.thesilverline.org.uk/ Open 24 hours a day, every day of the year. | Added 01 April |
| | People with learning disabilities | Management of patients with a learning disability, autism or both https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/C0031_Specialty-guide_LD-and-coronavirus-v1_-24-March.pdf NHS England and NHS Improvement (2020) <i>Clinical guide for front line staff to support the management of patients with a learning disability, autism or both during the coronavirus pandemic – relevant to all clinical specialities</i> . [Speciality guides for patient management during the coronavirus pandemic] NHS England and NHS Improvement | Added 01 April |

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|-----------------|--------------------------------|---|-------------------|
| | | <p>Easy-read guide on COVID-19 from Mencap</p> <p>https://www.mencap.org.uk/sites/default/files/2020-03/Info%20about%20covid19%2026th%20March.pdf</p> <p>Mencap. (2020) <i>Information about coronavirus (COVID-19)</i>. Mencap</p> | Added 01 April |
| | Screening & testing | | |
| | | <p>Testing for COVID-19 Infection to enable key workers to return to work (Scotland)</p> <p>https://www.sehd.scot.nhs.uk/publications/DC20200325guidance.pdf</p> <p>Scottish Government & NHS Scotland. <i>Testing for COVID-19 Infection to enable key workers to return to work</i>. [Guidance for NHS Boards] Version 1.0, 24 March 2020</p> | Added 01 April |
| | | <p>COVID-19 testing letter</p> <p>https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/covid-19-testing-letter-1-april-2020.pdf</p> <p>NHS England and NHS Improvement. <i>COVID-19 testing</i>. [Letter from Pauline Philip] 01 April 2020</p> | Added 02 April |
| Settings | | | |
| | Community | <p>COVID-19 resource hub: palliative care</p> <p>https://elearning.rcgp.org.uk/mod/page/view.php?id=10389</p> <p>Royal College of General Practitioners. <i>COVID-19 resource hub: palliative care</i> [Online]</p> | Added 01 April |
| | | <p>Coronavirus: primary care (NHS England and NHS Improvement)</p> <p>https://www.england.nhs.uk/coronavirus/primary-care/</p> <p>NHS England and NHS Improvement. <i>Primary care</i> [Online]</p> | Added 27 March |
| | | <p>COVID-19 hospital discharge service requirements</p> <p>https://www.england.nhs.uk/coronavirus/publication/covid-19-hospital-discharge-service-requirements/</p> | Added 20 March |

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| | | <p><i>Actions that must be taken immediately to enhance discharge arrangements and the provision of community support.</i></p> <p>Letter published by NHS England and NHS Improvement (19 March 2020)</p> | |
| | Care homes | | |
| | | <p>Managing the COVID-19 pandemic in care homes (British Geriatrics Society)</p> <p>https://www.bgs.org.uk/resources/covid-19-managing-the-covid-19-pandemic-in-care-homes</p> <p>British Geriatrics Society. <i>COVID-19: Managing the COVID-19 pandemic in care homes</i> [Online]</p> | Added 01 April |
| | | <p>COVID-19: guidance for residential care, supported living and home care</p> <p>https://www.gov.uk/government/publications/covid-19-residential-care-supported-living-and-home-care-guidance</p> <p>(Collection of documents covering each type of facility)</p> <p>Public Health England. <i>COVID-19: guidance for residential care, supported living and home care.</i> [Online] Last updated 19 March 2020</p> | Added 01 April |
| | | <p>Clinical guidance for nursing home and residential care residents (Scotland)</p> <p>https://www.gov.scot/publications/coronavirus-covid-19-clinical-guidance-for-nursing-home-and-residential-care-residents/</p> <p>Scottish Government: Chief Medical Officer Directorate & Chief Nursing Officer Directorate. <i>Clinical guidance for nursing home and residential care residents and COVID-19.</i> Version 1.2, updated 26 March 2020 [Online]</p> | Added 01 April |
| | | <p>Future planning</p> <p>https://www.futureplanning.org.uk</p> <p>[Referenced in 12 March ECHO conversation about support for care homes with documentation for managing use of CS meds.]</p> | 12 March |
| | Hospitals | | |
| | | <p>Clinical guide for the management of palliative care in hospital</p> <p>https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/C0081-Speciality-guide-Palliative-care-and-coronavirus.pdf</p> | Added 01 April |

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| | | NHS England and NHS Improvement. <i>Clinical guide for the management of palliative care in hospital during the coronavirus pandemic</i> . [Specialty guides for patient management during the coronavirus pandemic] NHS England and NHS Improvement | |
| | | Managing critically ill adults with COVID-19 in the intensive care unit https://www.esicm.org/ssc-covid19-guidelines/ [Pre-publication of guideline] Surviving Sepsis Campaign Rapid Guidelines on the Management of Critically Ill Adults with Coronavirus Disease 2019 [Online] | Added 25 March |
| System-wide issues | | | |
| | | NHS response to government measures announced 16 March https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/20200317-NHS-COVID-letter-FINAL.pdf NHS England and NHS Improvement (2020). <i>Important and urgent – next steps on NHS response to COVID-19</i> . [Letter from Simon Stevens & Amanda Pritchard, issued 17 Mar. 2020] | Added 18 March |
| | | Changes to the way CQC is working during the outbreak https://www.cqc.org.uk/news/providers/coronavirus-covid-19-information Care Quality Commission. <i>Coronavirus (COVID-19) information</i> [Online] | Added 01 April |
| Information support & research collections | | | |
| | | Coronavirus (COVID-19): what you need to do https://www.gov.uk/coronavirus Pulls together advice on topics such as employment and school closures. GOV.UK. <i>Coronavirus (COVID-19): what you need to do</i> [Online] | Added 01 April |
| | | Palliative care guidelines plus https://book.pallcare.info/ Back I, Watson M, Armstrong P, Gannon C, Sykes N. (eds.) (2020) <i>Palliative care guidelines plus</i> [Online] | 25 March |

| Main topic | Sub-topic | Resource | ECHO date |
|------------|-----------|---|-------------------|
| | | Oxford COVID-19 Evidence Service https://www.cebm.net/covid-19/ Centre for Evidence-based Medicine. <i>Oxford COVID-19 Evidence Service</i> [Online] | Added 01 April |
| | | Coronavirus (COVID-19) - Cochrane resources and news https://www.cochrane.org/coronavirus-covid-19-cochrane-resources-and-news#SC The Cochrane Collaboration. <i>Coronavirus (COVID-19) - Cochrane resources and news</i> [Online] | Added 01 April |
| | | A commentary on key literature on palliative care in pandemic and related contexts http://endoflifestudies.academicblogs.co.uk/palliative-care-and-covid-19/ From: Clark D, Krawzyck M, Richards N et al. (2020) <i>Palliative care and Covid-19</i> . End of life studies blog (Glasgow University) Mar 19 | Added 20 March |
| | | EAPC information repository: Coronavirus and the palliative care response https://www.eapcnet.eu/publications/coronavirus-and-the-palliative-care-response Note that medications recommended will vary from UK practice, and the pathways/operational guidance reflect local requirements | 18 March |
| | | Marie Curie: Palliative care knowledge zone: Coronavirus & end of life care https://www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone/proving-good-quality-care/covid-19 Marie Curie. Palliative care knowledge zone: Coronavirus and end of life care [Online] | Added 01 April |
| | | The Lancet COVID-19 Resource Centre (not palliative care specific) https://www.thelancet.com/coronavirus | 18 March |
| | | Scottish Partnership for Palliative Care https://www.palliativecarescotland.org.uk/content/coronavirus---latest/ <i>(A collection of UK-wide guidance on infection control relating to COVID-19)</i> | Added 27 March |

| Main topic | Sub-topic | Resource | ECHO date |
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| | | <p>Data and analysis on coronavirus (COVID-19) in the UK</p> <p>https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/conditionsanddiseases</p> <p>Office for National Statistics. <i>Coronavirus (COVID-19)</i> [Online]</p> | Added 01 April |
| | | <p>Information videos for frail and at risk members of the public</p> <p>https://apmonline.org/news-events/covid-19-resources-for-the-public/</p> <p>The Association for Palliative Medicine's website hosts videos by Dr Justin Amery aimed at frail and at risk members of the public to provide information, and to help answer some of the questions they may have regarding COVID-19.</p> <p>Association for Palliative Medicine. <i>Coronavirus worst case scenario planning</i> [Online]</p> | 01 April |
| Workforce | | | |
| | Education & training | | |
| | | <p>Coronavirus (COVID-19) awareness course (for those working in public sector)</p> <p>https://www.skillsforhealth.org.uk/covid-19-course</p> <p>Skills for Health. <i>Coronavirus (COVID-19) awareness course</i> [Online]</p> | 25 March |
| | | <p>Health and workforce learning programme: e-Learning for Healthcare</p> <p>About the programme: https://www.e-lfh.org.uk/programmes/coronavirus/ Portal page to login and view content: https://portal.e-lfh.org.uk/Component/Details/604722</p> <p>e-Learning for Healthcare. <i>Coronavirus (COVID-19) programme.</i> [Online]</p> | |
| | | <p>COVID-19: CPR & resuscitation for those teaching resuscitation techniques</p> <p>https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-training/</p> <p>Resuscitation Council UK Statement on COVID-19 in relation to CPR and resuscitation for those teaching resuscitation techniques [Online], 4 March 2020</p> | Added 20 March |
| | Groups | | |

| Main topic | Sub-topic | Resource | ECHO date |
|------------|-----------|---|-------------------|
| | Carers | Caring for your dying relative at home with COVID-19 https://www.hospiceuk.org/docs/default-source/echo/covid-19-echo/covid-19_care-at-home_guide_final.pdf?sfvrsn=2 Finlay I. (2020) <i>Caring for your dying relative at home with COVID-19</i> . Hospice UK | 03 April |
| | | End-of-life Care Toolkits for Carers at Home https://helixcentre.com/project-end-of-life-toolkit The Helix Centre has 'designed a series of toolkits with Central North West London NHS Trust & Bangor University that can be used by any and all NHS Trusts, community teams, care homes and hospices.' See also: Carer administration of as-needed subcutaneous medicines [listed above] | 25 March |
| | | Coronavirus guidance for carers https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19 Carers UK. <i>Coronavirus guidance for carers</i> [Online] | Added 24 March |
| | Doctors | Guidance on granting interim practising privileges to NHS consultants https://content.govdelivery.com/bulletins/gd/UKCQC-28385e0?wgt_ref=UKCQC_WIDGET_2 Care Quality Commission. <i>Fast-tracking of processes for granting interim practising privileges to NHS consultants</i> . Issued: 2020 March 27 | Added 01 April |
| | | General Medical Council: Coronavirus (COVID-19) - information and advice https://www.gmc-uk.org/news/news-archive/coronavirus-information-and-advice GMC. <i>Coronavirus (COVID-19) – information and advice</i> [Online] | Added 03 April |
| | Nurses | NMC's role as a regulator during COVID-19 outbreak https://www.nmc.org.uk/COVID19 Nursing & Midwifery Council. <i>Coronavirus (Covid-19): information and advice</i> [Online] | Added 01 April |
| | HR | | |
| | | Employer response guide | 18 March |

| Main topic | Sub-topic | Resource | ECHO date |
|------------------|--|---|-------------------|
| | | https://www.cipd.co.uk/knowledge/fundamentals/emp-law/health-safety/coronavirus-employer-response-guide (25 March version) CIPD. <i>Coronavirus (COVID-19): employer response guide</i> . [Online] For more from CIPD, see also: https://www.cipd.co.uk/news-views/coronavirus | |
| | Staff wellbeing | | |
| | Pregnancy | Pregnancy and COVID-19: guidance for health professionals https://www.rcog.org.uk/ Royal College of Obstetricians & Gynaecologists (2020) <i>Coronavirus (COVID-19) and pregnancy</i> . [Online] [Updated 28 March 2020] | 12 March |
| | Staff support | Psychological first aid Everly G S & Jeffrey M. Lating J M. (2017) <i>The Johns Hopkins Guide to Psychological First Aid</i> . Johns Hopkins University Press | Added 19 March |
| | Stay at home | Stay at home guidance for households https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection Public Health England. <i>Stay at home: guidance for households with possible coronavirus (COVID-19) infection</i> . [Online] Updated 24 March 2020 | |
| Workplace | | | |
| | Business & service management | | |
| | | Guidance for employees, employers and businesses https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19 From: Public Health England & Dept. Business Energy & Industrial Strategy. | Added 25 March |
| | Data management | | |
| | | Data protection and coronavirus information hub https://ico.org.uk/global/data-protection-and-coronavirus-information-hub/ | 27 March |

| Main topic | Sub-topic | Resource | ECHO date |
|------------|---|--|-------------------|
| | | Information Commissioner's Office. <i>Data protection and coronavirus information hub</i> [Online] | |
| | Infection prevention & control | | |
| | | COVID-19: infection prevention and control (Public Health England) https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control Public Health England. <i>COVID-19: infection prevention and control</i> . GOV.UK [Online] | 02 April |
| | PPE: supply | | |
| | | Guidance on supply and use of Personal Protective Equipment https://www.england.nhs.uk/coronavirus/publication/guidance-supply-use-of-ppe/ NHS England and NHS Improvement. <i>Guidance on supply and use of Personal Protective Equipment (PPE)</i> . [Online] | Added 01 April |
| | | PPE supplies in Scotland Dedicated email address to raise supply issues: covid-19-health-PPE@gov.scot [Information from letter issued by Jeane Freeman, Scotland's Cabinet Secretary for Health and Sport on 01 April 2020 giving general update on COVID-19 including PPE supply chains] | 02 April |

Version control

Compiled by Melanie Hodson, Head of Information Support. Last updated: 09:38, 03 April 2020

All links checked 03 April 2020.