

## The Conversation: resources shared by colleagues

This document provides a collation of resources mentioned by colleagues participating in the weekly COVID-19 ECHO sessions. It also includes information about other materials which have been brought to our attention outside of, but in relation to the ECHO sessions – these entries are shaded and the date when they were added to the list is noted in the ‘ECHO date’ column. Links to documents provided by ECHO participants are included as we receive them. This list includes resources from overseas so please note that medications recommended will vary from UK practice, and the pathways/operational guidance reflect local requirements.

This list represents material and sources of help and support that have been brought to our attention; there may be further relevant resources which are not noted here. Inclusion in the list below does not imply approval or endorsement. It is the responsibility of the reader to determine the accuracy, validity and application of these resources and obtain any appropriate professional advice.

Main topic	Sub-topic	Resource	ECHO date
<b>Patient care</b>			
	<b>Bereavement</b>	<b>Marie Curie: Telephone bereavement support.</b> <a href="https://www.mariecurie.org.uk/help/support/telephone-bereavement-support">https://www.mariecurie.org.uk/help/support/telephone-bereavement-support</a>	12 March
	<b>Care after death</b>	<b>No need for body bags</b> <a href="#">COVID-19: Guidance for infection prevention and control in healthcare settings. Version 1.0</a> (see p.31)	18 March

Main topic	Sub-topic	Resource	ECHO date
		Document issued jointly by the Department of Health and Social Care, Public Health Wales, Public Health Agency Northern Ireland, Health Protection Scotland and Public Health England as official guidance.	
	<b>Communication</b>	<p data-bbox="645 325 1825 352"><b>Evidence-based advice for difficult conversations</b></p> <p data-bbox="645 389 1825 416"><a href="https://www.realtalktraining.co.uk/covid19-evidence-based-advice-difficult-conversations">https://www.realtalktraining.co.uk/covid19-evidence-based-advice-difficult-conversations</a></p> <p data-bbox="645 453 1825 512">Parry R. <i>COVID-19: evidence-based advice for difficult conversations</i>. Real Talk [Blog post] 2020 Mar 16</p>	Added 24 March
		<p data-bbox="645 517 1825 544"><b>How to support your loved one if you can't visit them in person</b></p> <p data-bbox="645 580 1825 639"><a href="https://www.mariecurie.org.uk/blog/how-to-support-your-loved-one-if-you-cant-visit-them-in-person/270458">https://www.mariecurie.org.uk/blog/how-to-support-your-loved-one-if-you-cant-visit-them-in-person/270458</a></p> <p data-bbox="645 676 1825 735">Marie Curie Talkabout. <i>How to support your loved one if you can't visit them in person</i> [Blog post] 2020 Mar 16</p>	Added 24 March
		<p data-bbox="645 740 1825 767"><b>COVID-ready communication skills: A playbook of VitalTalk tips</b></p> <p data-bbox="645 804 1825 863"><a href="https://docs.google.com/document/d/1uSh0FeYdkGgHsZqem552iC0KmXIgaGKohl7SoeY2UXQ/mobilebasic">https://docs.google.com/document/d/1uSh0FeYdkGgHsZqem552iC0KmXIgaGKohl7SoeY2UXQ/mobilebasic</a></p> <p data-bbox="645 900 1825 959">A primer compilation from VitalTalk (Seattle) providing some practical advice on how to talk about difficult topics related to COVID-19.</p>	Added 20 March
	<b>Medicines management &amp; prescribing</b>	<p data-bbox="645 963 1825 991"><b>APPM master formulary</b></p> <p data-bbox="645 1027 1825 1054"><a href="https://www.appm.org.uk/guidelines-resources/appm-master-formulary/">https://www.appm.org.uk/guidelines-resources/appm-master-formulary/</a></p> <p data-bbox="645 1091 1825 1118">APPM (2020) <i>Association for Paediatric Palliative Medicine master formulary</i>. APPM, 5<sup>th</sup> ed.</p>	25 March
	<b>Drugs administration: carers</b>	<p data-bbox="645 1123 1825 1150"><b>Carer administration of as-needed subcutaneous medicines</b></p> <p data-bbox="645 1187 1825 1214"><a href="https://subcut.helixcentre.com/">https://subcut.helixcentre.com/</a></p> <p data-bbox="645 1251 1825 1310">This resource is adapted from the CARIAD study led by University of Bangor and designed by the Helix Centre. It is supported by NHS England.</p>	25 March
		<p data-bbox="645 1315 1825 1342"><b>Caring at home</b></p> <p data-bbox="645 1378 1825 1406"><a href="https://www.caringathomeproject.com.au/">https://www.caringathomeproject.com.au/</a></p>	Added 20 March

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		The Brisbane South Palliative Care Collaborative in Australia offers a range of practical resources intended for health care professionals to support carers and palliative care patients. The caring@home package for carers is designed to support one-on-one training by nurses who are teaching a carer to help manage breakthrough symptoms safely using subcutaneous medicines.	
	<b>General</b>		
	<b>NICE guides</b>	<b>Coronavirus (COVID-19): Rapid guidelines</b> - critical care [NG159]: <a href="https://www.nice.org.uk/guidance/ng159">https://www.nice.org.uk/guidance/ng159</a> - dialysis service delivery [NG160]: <a href="https://www.nice.org.uk/guidance/ng160">https://www.nice.org.uk/guidance/ng160</a> - systemic anticancer treatments [NG161]: <a href="https://www.nice.org.uk/guidance/ng161">https://www.nice.org.uk/guidance/ng161</a>	Added 25 March
	<b>Learning from pandemics</b>		
		<b>Learning from hospices in Italy</b> <a href="https://www.medrxiv.org/content/10.1101/2020.03.18.20038448v1.full.pdf">https://www.medrxiv.org/content/10.1101/2020.03.18.20038448v1.full.pdf</a> From: Costantini M, Sleeman K E, Peruselli,C, Higginson I J. (2020) Response and role of palliative care during the COVID-19 pandemic: a national telephone survey of hospices in Italy. [Pre-print] medRxiv preprint doi: <a href="https://doi.org/10.1101/2020.03.18.20038448">https://doi.org/10.1101/2020.03.18.20038448</a>	25 March
		<b>Approaches to planning palliative care in a pandemic</b> <a href="https://www.jpsmjournal.com/article/S0885-3924(09)01143-9/fulltext">https://www.jpsmjournal.com/article/S0885-3924(09)01143-9/fulltext</a> Downar J & Seccareccia D (2010) Palliating a pandemic: “all patients must be cared for”. J Pain & Symptom Management 39(2): 291-295	18 March
		<b>The challenge of providing holistic care in a viral epidemic: opportunities for palliative care.</b> <a href="https://journals.sagepub.com/doi/pdf/10.1191/0269216304pm859oa">https://journals.sagepub.com/doi/pdf/10.1191/0269216304pm859oa</a> Leong IY-O, Lee A O-K, Ng T W, Lee L B, et al (2004). The challenge of providing holistic care in a viral epidemic: opportunities for palliative care. Palliative Medicine 18(1): 12–18. Doi: <a href="https://doi.org/10.1191/0269216304pm859oa">https://doi.org/10.1191/0269216304pm859oa</a>	Added 18 March
		<b>Palliative care needs of people affected by natural hazards, political or ethnic conflict, epidemics of life-threatening infections, and other humanitarian crises.</b>	Added 18 March

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		<p><a href="https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-2">https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-2</a></p> <p><b>Care of the dying patient.</b></p> <p><a href="https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-9">https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-9</a></p> <p>From: Waldman E &amp; Glass M. (eds.) (2019) <i>A field manual for palliative care in humanitarian crises</i>. New York: Oxford University Press – These chapters have been made open access to assist with care during COVID-19</p>	
	<b>Screening &amp; testing: referral checklist</b>	<p><b>Marie Curie. (2020) Management of suspected cases of COVID-19.</b> Flow charts detailing the action to be taken at assessment and if COVID-19 is suspected</p> <p><a href="#">Marie Curie Hospices</a> <a href="#">Marie Curie Nursing Service</a></p> <p>[Document versions: 16.03.20] [With thanks to Marie Curie for providing these flowcharts.]</p>	12 March
<b>Settings</b>			
	<b>Community</b>	<p><b>End-of-life Care Toolkits for Carers at Home</b></p> <p><a href="https://helixcentre.com/project-end-of-life-toolkit">https://helixcentre.com/project-end-of-life-toolkit</a></p> <p>The Helix Centre has 'designed a series of toolkits with Central North West London NHS Trust &amp; Bangor University that can be used by any and all NHS Trusts, community teams, care homes and hospices.'</p>	25 March
		<p><b>COVID-19 hospital discharge service requirements</b></p> <p><a href="https://www.england.nhs.uk/coronavirus/publication/covid-19-hospital-discharge-service-requirements/">https://www.england.nhs.uk/coronavirus/publication/covid-19-hospital-discharge-service-requirements/</a></p> <p><i>Actions that must be taken immediately to enhance discharge arrangements and the provision of community support.</i> Letter published by NHS England and NHS Improvement (19 March 2020)</p>	Added 20 March

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		<p><b>Coronavirus: primary care</b> (NHS England and NHS Improvement)</p> <p><a href="https://www.england.nhs.uk/coronavirus/primary-care/">https://www.england.nhs.uk/coronavirus/primary-care/</a></p>	Added 27 March
		<p><b>COVID-19 Home Management Service in England</b></p> <p><a href="https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/preparedness-letter-primary-care-10-march-2020.pdf">https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/preparedness-letter-primary-care-10-march-2020.pdf</a></p> <p>NHS England and NHS Improvement. (2020) <i>Preparedness letter for general practice: 10 March 2020. COVID-19 Home Management Service (CHMS)</i>. Publications approval ref.: 001559 Link: [This is the second of a series of regular updates to general practice regarding the emerging COVID-19 situation.]</p>	12 March
	Care homes	<p><b>Future planning</b></p> <p><a href="https://www.futureplanning.org.uk">https://www.futureplanning.org.uk</a></p> <p>[Referenced in 12 March ECHO conversation about support for care homes with documentation for managing use of CS meds.]</p>	12 March
	Hospitals		
		<p><b>Managing critically ill adults with COVID-19 in the intensive care unit</b></p> <p><a href="https://www.esicm.org/ssc-covid19-guidelines/">https://www.esicm.org/ssc-covid19-guidelines/</a> [Pre-publication of guideline]</p> <p>Surviving Sepsis Campaign Rapid Guidelines on the Management of Critically Ill Adults with Coronavirus Disease 2019 [Online]</p>	Added 25 March
System-wide issues			
		<p><b>NHS response to government measures announced 16 March</b></p> <p><a href="https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/20200317-NHS-COVID-letter-FINAL.pdf">https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/20200317-NHS-COVID-letter-FINAL.pdf</a></p>	Added 18 March

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		NHS England and NHS Improvement (2020). <i>Important and urgent – next steps on NHS response to COVID-19</i> . [Letter from Simon Stevens & Amanda Pritchard, issued 17 Mar. 2020]	
	Information support	<b>Palliative care guidelines plus</b> <a href="https://book.pallcare.info/">https://book.pallcare.info/</a>  Back I, Watson M, Armstrong P, Gannon C, Sykes N. (eds.) (2020) <i>Palliative care guidelines plus</i> [Online]	25 March
		<b>A commentary on key literature on palliative care in pandemic and related contexts</b>  <a href="http://endoflifestudies.academicblogs.co.uk/palliative-care-and-covid-19/">http://endoflifestudies.academicblogs.co.uk/palliative-care-and-covid-19/</a>  From: Clark D, Krawzyck M, Richards N et al. (2020) <i>Palliative care and Covid-19</i> . End of life studies blog (Glasgow University) Mar 19	Added 20 March
	Information support: Repositories	<b>Scottish Partnership for Palliative Care</b> <a href="https://www.palliativecarescotland.org.uk/content/coronavirus---latest/">https://www.palliativecarescotland.org.uk/content/coronavirus---latest/</a>  <i>(A collection of UK-wide guidance on infection control relating to COVID-19)</i>	Added 27 March
		<b>EAPC information repository: Coronavirus and the palliative care response</b>  <a href="https://www.eapcnet.eu/publications/coronavirus-and-the-palliative-care-response">https://www.eapcnet.eu/publications/coronavirus-and-the-palliative-care-response</a> Note that medications recommended will vary from UK practice, and the pathways/operational guidance reflect local requirements	18 March
		<b>The Lancet COVID-19 Resource Centre</b> (not palliative care specific)  <a href="https://www.thelancet.com/coronavirus">https://www.thelancet.com/coronavirus</a>	18 March
<b>Workforce</b>			
	Education & training	<b>Coronavirus (COVID-19) awareness course (for those working in public sector)</b>  <a href="https://www.skillsforhealth.org.uk/covid-19-course">https://www.skillsforhealth.org.uk/covid-19-course</a>  Skills for Health. Coronavirus (COVID-19) awareness course [Online]	25 March
		<b>Health and workforce learning programme: e-Learning for Healthcare</b>	

Main topic	Sub-topic	Resource	ECHO date
		About the programme: <a href="https://www.e-lfh.org.uk/programmes/coronavirus/">https://www.e-lfh.org.uk/programmes/coronavirus/</a> Portal page to login and view content: <a href="https://portal.e-lfh.org.uk/Component/Details/604722">https://portal.e-lfh.org.uk/Component/Details/604722</a>  e-Learning for Healthcare. <i>Coronavirus (COVID-19) programme</i> . [Online]	
		<b>COVID-19: CPR &amp; resuscitation for those teaching resuscitation techniques</b>  <a href="https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-training/">https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-training/</a>  Resuscitation Council UK Statement on COVID-19 in relation to CPR and resuscitation for those teaching resuscitation techniques [Online], 4 March 2020	Added 20 March
	<b>Groups: Carers</b>	<b>Coronavirus guidance for carers</b>  <a href="https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19">https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19</a>  Carers UK. <i>Coronavirus guidance for carers</i> [Online]	Added 24 March
	<b>HR</b>	<b>Employer response guide</b>  <a href="https://www.cipd.co.uk/knowledge/fundamentals/emp-law/health-safety/coronavirus-employer-response-guide">https://www.cipd.co.uk/knowledge/fundamentals/emp-law/health-safety/coronavirus-employer-response-guide</a> (19 March version)  From: CIPD. <i>Coronavirus (COVID-19): employer response guide</i> . [Online] For more from CIPD, see also: <a href="https://www.cipd.co.uk/news-views/coronavirus">https://www.cipd.co.uk/news-views/coronavirus</a>	18 March
	<b>Staff wellbeing: Pregnancy</b>	<b>Pregnancy and COVID-19: guidance for health professionals</b>  <a href="https://www.rcog.org.uk/">https://www.rcog.org.uk/</a>  Royal College of Obstetricians & Gynaecologists (2020) <i>Coronavirus (COVID-19) and pregnancy</i> . [Online] [Updated 18 March 2020]	12 March
	<b>Staff wellbeing: Staff support</b>	<b>GMC – supporting doctors</b>  <a href="https://www.gmc-uk.org/news/news-archive/supporting-doctors-in-the-event-of-a-covid19-epidemic-in-the-uk">https://www.gmc-uk.org/news/news-archive/supporting-doctors-in-the-event-of-a-covid19-epidemic-in-the-uk</a>  General Medical Council (2020) <i>Joint statement: Supporting doctors in the event of a Covid-19 epidemic in the UK</i> . [Online] [Published 11 March 2020]	12 March

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		<p><b>Psychological first aid</b></p> <p>Everly G S &amp; Jeffrey M. Lating J M. (2017) <i>The Johns Hopkins Guide to Psychological First Aid</i>. Johns Hopkins University Press</p>	Added 19 March
	<b>Stay at home</b>	<p><b>Stay at home guidance for households</b></p> <p><a href="https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection">https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</a></p> <p>Public Health England. <i>Stay at home: guidance for households with possible coronavirus (COVID-19) infection</i>. [Online] Updated 24 March 2020</p>	
<b>Workplace</b>			
	<b>Business and service management</b>	<p><b>Guidance for employees, employers and businesses</b></p> <p><a href="https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19">https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19</a></p> <p>From: Public Health England &amp; Dept. Business Energy &amp; Industrial Strategy.</p>	Added 25 March
	<b>Clinical practice: ECHO presenter</b>	<p><b>ECHO 2 (18 March): resources from St Luke's Hospice, Sheffield</b></p> <p><a href="#">Briefing to all staff and volunteers, 11 March 2020</a></p> <p><a href="#">Briefing to staff regarding partitioning and other matters, 13 March 2020</a></p> <p><a href="#">COVID-19 visitors letter, 13 March 2020</a></p> <p><a href="#">Press release- St Luke's responds to COVID-19 threat to protect key services- EMBARGOES UNTIL FRIDAY 13 MARCH</a></p> <p><a href="#">St Luke's Hospice initial testing and management for potential COVID-19 v3</a></p> <p><a href="#">COVID-19 Status table v2</a></p>	Added 20 March
	<b>Data management</b>	<p><b>Data protection and coronavirus information hub</b></p> <p><a href="https://ico.org.uk/global/data-protection-and-coronavirus-information-hub/">https://ico.org.uk/global/data-protection-and-coronavirus-information-hub/</a></p> <p>Information Commissioner's Office. <i>Data protection and coronavirus information hub</i> [Online]</p>	27 March



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	<b>Infection prevention &amp; control</b>	<p><b>Guidance on infection prevention and control for COVID-19</b> (Public Health England)</p> <p><a href="https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control">https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control</a></p> <p>Public Health England. <i>COVID-19: infection prevention and control</i>. GOV.UK [Online]</p>	27 March
		<p><b>COVID-19: when to use a surgical face mask or FFP3 respirator</b></p> <p><a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874411/When_to_use_face_mask_or_FFP3.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874411/When_to_use_face_mask_or_FFP3.pdf</a></p> <p>Link also from main PHE page on infection prevention and control for COVID-19:  <a href="https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control">https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control</a></p> <p>Public Health England. <i>COVID-19: infection prevention and control</i>. GOV.UK [Online]</p>	25 March
		<p><b>COVID-19: Guidance for infection prevention and control in healthcare settings</b></p> <p><a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/872745/Infection_prevention_and_control_guidance_for_pandemic_coronavirus.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/872745/Infection_prevention_and_control_guidance_for_pandemic_coronavirus.pdf</a></p> <p><i>COVID-19: Guidance for infection prevention and control in healthcare settings [Version 1.0]</i>  Adapted from <i>Pandemic Influenza: Guidance for Infection prevention and control in healthcare settings 2020</i>. Issued jointly by the Department of Health and Social Care, Public Health Wales, Public Health Agency Northern Ireland, Health Protection Scotland &amp; Public Health England as official guidance.</p>	18 March
	<b>PPE: supply</b>	<p><b>PPE supplies for social care in Scotland</b></p> <p>Tel: 0300 303 3020. Email: <a href="mailto:support@socialcare-nhs.info">support@socialcare-nhs.info</a></p> <p>NHS NSS Triage Centre for Social Care Supplies for COVID-19</p>	20 March
		<p><b>Primary care interim guidance – Public Health England</b></p> <p><a href="https://www.gov.uk/government/publications/wn-cov-guidance-for-primary-care/wn-cov-interim-guidance-for-primary-care">https://www.gov.uk/government/publications/wn-cov-guidance-for-primary-care/wn-cov-interim-guidance-for-primary-care</a></p>	12 March

Main topic	Sub-topic	Resource	ECHO date
		Public Health England (2020) <i>COVID-19: interim guidance for primary care</i> . [Online] [Updated 19 Mar. 2020]	

### Version control

Compiled by Melanie Hodson, Head of Information Support. Last updated: 11:03, 27 March 2020

All links checked 27 March 2020.