Welcome

Dementia Enabled Hospice Care Community of Practice  ECHO Knowledge Network

Hospice UK, St Christopher’s Hospice & Dementia UK
Agenda

1. Meet the team
2. What is ECHO?
3. Why are we doing a Dementia CoP ECHO?
4. ECHO’s Common challenges and solutions
5. How the Dementia ECHO will be set up
6. Next steps to make it happen!

www.hospiceuk.org
Project ECHO

Project ECHO is a key enabler of the overall Hospice UK five-year strategy to open up hospice care.

Introduction to Project ECHO

Through the use of Project ECHO methodology, there is real potential for hospice teams across the UK to increase their impact by engaging with more communities who often miss out on accessing palliative care input when they need it most.
1. Meet the team

**Dementia ECHO Planning and Delivery Team**

Sarah Russell: Head of Research and Dementia Lead, Hospice UK*

Heather Lovvorn: Clinical Team Administrator, Hospice UK*

Karen Harrison Dening: Head of Research and Publications, Dementia UK*

Liz Bryan: Director of Education and Training, St Christopher's Hospice.

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**Wider ECHO Support Team**

Hazel Webb: Clinical Team Coordinator/Project ECHO, Hospice UK

Eamonn Haughey: Project ECHO IT Officer, Hospice UK

Marie Cooper: Practice Development Lead Nurse, Hospice UK*

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* Facilitate/support the current Dementia Community of Practice

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2. What is ECHO?

Extension of Community Healthcare Outcomes

*Not for profit movement to improve care by gathering a community of practice* together for learning and support with the goal of improving decision-making by collaborative problem solving.

*groups of people who share a concern or a passion for something they do and learn how to do it better as they interact regularly*
The Model

**Amplification** – Use **Technology** to leverage scarce resources

**Case Based Learning** to master complexity

Share **Best Practices** to reduce disparity

Web-based **Database** to Monitor Outcomes
ECHO model is not ‘traditional telemedicine’. Treating Physician retains responsibility for managing patient.

‘All Teachers, all learners’
ECHO is a methodology

It uses ‘ZOOM’ Software… as its platform

It is not a Webinar…
It is not a Conference Call …
It is not a streamed session to observe …

ECHO uses a set approach/format to share and democratise knowledge via discussion from spoke to hub and hub to spoke.
The approach

Hub (Facilitator, ECHO support & logistics)

Spokes (individuals or organizations)

Curriculum planning meeting:
Objectives, evaluation method, content, dates, length, times, guest and spoke speakers presenting at each meeting.

ECHO meetings:
75-120 minutes
Into/welcome from dedicated facilitator
20-30 minutes ppt teaching from topic expert
2-3 case presentations based on ECHO template
All sessions filmed and along with additional materials forms an online library that grows with the sessions
Supported by dedicated IT person and admin person

Logic model used to map activity, outputs and outcomes

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Safe, Listening, Affirming, Respect, Support, All teachers, All learners
### Curriculum Example:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Subject</th>
<th>Case Presentations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thu 2 Nov 2017</td>
<td>14:30 - 16:00</td>
<td>Pain management for people with dementia</td>
<td>Greenhill &amp; Willet House</td>
</tr>
<tr>
<td>Wed 15 Nov 2017</td>
<td>14:30 - 16:00</td>
<td>Working with paramedics</td>
<td>Elmwood &amp; Greenhill &amp; Homefield</td>
</tr>
<tr>
<td>Mon 27 Nov 2017</td>
<td>14:30 - 16:00</td>
<td>Working with GPs</td>
<td>Homefield &amp; Willet House</td>
</tr>
<tr>
<td>Mon 11 Dec 2017</td>
<td>14:30 - 16:00</td>
<td>Supporting staff in the presence of unacceptable behaviour</td>
<td>Homefield &amp; Willet House</td>
</tr>
<tr>
<td>Wed 17 Jan 2018</td>
<td>14:30 - 16:00</td>
<td>Safeguarding issues</td>
<td>Dee &amp; Elmwood</td>
</tr>
<tr>
<td>Wed 18 April 2018</td>
<td>14:30 - 16:00</td>
<td>Strategies for managing challenging families</td>
<td>Elmwood &amp; Willet House</td>
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</tbody>
</table>
Palliative Care Nursing Home ECHO Network across the Highlands
Logic Model: Dementia Enabled Hospice Care July 2018

Overall Aim: xxx

**Objectives**
- Individual participants
  - Best evidence for excellence in care
  - Improve knowledge & confidence
  - Time line
- Patients and /or carers
- Team or Organisation
- Region, national or society

**Inputs: resources**
- Hospice support for objective
- Managerial Support
- Budget for education & implementation
- Hospice buy in including education, quality, clinical and strategic
- Enthusiasm
- Motivation to be dementia enabled hospice care
- PPI

**Activities Services**
- Working party, action plan and feedback loop
- Targeted groups and activities
- Good facilitation
- Effective team working
- Involvement in Dementia Community of Practice

**Outputs: Quantity of work, products & participants**
- Improved knowledge (Pre & post education assessment)
- Benefits to patients measured by use of tools and displaying of data
- Benefits to staff measured by service review
- Benefits to organisation measured by use of business intelligence

**Outcomes/evaluation**
- What difference are we making at patient/family/staff /organisation/regional/national level and how do we know?
- Can we describe our activities and outputs?
- What tools are we using to evidence or describe the above?
- What can we share that will influence the implementation or scaling up of our dementia care activity and outputs?
3, Why are we forming a Dementia ECHO Network?

Hospice enabled dementia care has been very successful
But
We recognise that it is important to support staff to be dementia competent and confident
And
We have noticed that there are as many questions and conversations about dementia as there are about end of life care
Collaboration...

**Dementia ECHO Planning and Delivery Team**

Sarah Russell: Head of Research and Dementia Lead, Hospice UK*

Heather Lovvorn: Clinical Team Administrator, Hospice UK*

Karen Harrison Dening: Head of Research and Publications, Dementia UK*

Liz Bryan: Director of Education and Training, St Christopher's Hospice.

* Facilitate/support the current Dementia Community of Practice
4. Common challenges and solutions

Eamonn Haughey,
Project ECHO - IT Officer
5. How the Dementia ECHO will be set up

**Hub:**
Hospice UK

**Facilitator Team:**
Sarah Russell, Karen Harrison Dening, Liz Bryan, Heather Lovvorn, Hazel Webb

**Spokes:**
You!
6. Next steps to make it happen!

1. Virtual drop in sessions to test IT and equipment with Hazel Webb
2. Completing online survey of what you would like included in the curriculum – Heather will send link
3. Registering for the network – you!
4. Results of online survey – Sarah, Karen and Liz
5. Date of virtual curriculum setting meeting – planned for September – Heather will send details
6. Curriculum meeting – to discuss dates, times, content etc.
7. Dementia Community of Practice event 5th December 2018 at St Christopher's Hospice, London.
Next steps to make it happen!

Virtual drop in sessions to test IT and equipment with Hazel Webb:

Dates:

Tuesday 10 July:  13.00 - 14.00
Thursday 12 July: 12.00 - 13.00
Monday 16 July:  14.00 - 15.00
Weds 1 August: 15.00 - 16.00
Tues 7 August:  12.00 - 13.00

To join, use Meeting ID: 128 987 199
What have we missed out?
Thank you

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