Frailty amongst older people in a palliative care context

This reading list presents literature (published within the last 10 years and including conference proceedings), about models of support for older people (aged ≥ 65yrs) with frailty at end of life. The focus age group means that groups experiencing early onset frailty (e.g. prisoners and people who are homeless) are considered out of scope.

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**Conference proceedings**


**Polypharmacy & deprescribing**


**Models and care settings**


**Conference proceedings**


**Care /nursing homes & community**


**Conference proceedings**


Hospice inpatient units

Chatterjee J. (2016) Caring for people in a hospice setting who have or may develop difficulty communicating their needs due to dysphasia, cognitive impairment or extreme frailty. Improv Insights (FoNS) 11(9): 1 Fulltext

Conference proceedings


Hospitals


Hyatt R, Dean J, O'Neill M, et al. (2018) The frailest of the frail? Addressing the palliative care needs of frail older patients Future Healthc J. 5(1): 10-14; DOI: 10.7861/futurehosp.5-1-10 Fulltext


Garden G. (2021) *Are the benefits of advance care planning for care home residents, as demonstrated by research studies, seen when implemented in a large-scale clinical service offering advance care planning for care home residents as part of Comprehensive Geriatric Assessment (CGA)*? Ph.D. Thesis. University of Nottingham. **Fulltext**


**Conference proceedings**


**Patient and public involvement**


**Resources**

**British Geriatrics Society**

Frailty Hub. Website: [https://www.bgs.org.uk/topics/frailty](https://www.bgs.org.uk/topics/frailty)

End of Life Care Special Interest Group. Website: [https://www.bgs.org.uk/end-of-life-care](https://www.bgs.org.uk/end-of-life-care)

**National Institute for Health and Care Excellence**

Improving care and support for people with frailty: how NICE resources can support local priorities. Website: [https://stpsupport.nice.org.uk/frailty/index.html](https://stpsupport.nice.org.uk/frailty/index.html)

**Healthcare Improvement Scotland: ihub**

Frailty care planning and coordination. Resources include: Healthcare Improvement Scotland. (2022) *Improving care and support for people living with frailty in Scotland: 90 day learning cycle: final report*. Fulltext

**ehospice stories**

ehospice. (2021) St Christopher’s increases its focus on people with frailty. *ehospice [UK ed.]* Nov. 17 Fulltext
ehospice. 2021. Local hospice scoops research funds to tackle the care crisis in the elderly. *ehospice* [UK ed.] July 07 [Fulltext](#)


**Disclaimer:** Every effort has been made to ensure that the information provided is accurate, up to date and complete. It is possible that it may not be representative of the whole body of evidence available and is subject to the limitations of the database(s) and websites searched. It is the responsibility of the requester to determine the accuracy, validity and to interpret the search results.

Compiled by Melanie Hodson, 10 June 2022
Search strategy
Material published 2012 to date; English language only; human studies. Database searches and citation linking. Hand-searches of Palliative Medicine and BMJ Supportive & Palliative Care. Studies from countries with comparable resourcing to the UK preferred.

Databases and resources
(Subject headings exploded).

1. British Nursing Database: frailty[SU] AND (Palliative care OR palliative medicine OR hospice care OR end of life care)[SU]
2. Care Search – Systematic review collection: Older people
3. CINAHL: (MW hospice OR MW palliative care OR MW end of life care OR MW supportive care OR MW terminal care OR MW terminal illness) AND (MW frailty or frail elderly) [MW = word in subject heading]
4. ehospice: frailty[tw]
5. Embase: (Frailty OR frail elderly)[sh] AND (hospice care OR hospice OR hospice patient OR hospice nursing OR terminal care OR palliative therapy)[sh]
6. EThOS (British Library database of doctoral theses): Frailty[tw]
7. PubMed:
   b. (frail OR frailty) AND (engag* OR participat* OR involv* OR voice) AND (hospice OR palliative OR "end of life" OR "terminal care" OR "terminally ill" OR "terminal illness")