Resilience Based Clinical Supervision
ECHO Network

Session 7: Resilience Based Clinical Supervision Community of Practice

19 July 2022
Network Recording Declaration

During this ECHO session discussions will be recorded so that people who cannot attend will be able to benefit at another time. Filming is regarded as ‘personal data’ under the Data Protection Act 2018 General Data Protection Regulations (GDPR), under that law we need you to be aware that:

• This Data will be stored with password protection on the internet.
• This Data will be available for as long as your network continues to meet and will then be taken down from the internet and either stored securely at the Superhub or deleted.

Your ongoing participation in this ECHO session is assumed to imply your agreement to the use of your data in this way.

If you are NOT willing for your data to be used in this way, please LEAVE the session at this point.
## Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Item</th>
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<tbody>
<tr>
<td>10am</td>
<td>Welcome overview of agenda Anita Hayes</td>
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<tr>
<td>10.05am</td>
<td>• Safe space</td>
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<td></td>
<td>• Grounding</td>
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<td>• Check in</td>
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<tr>
<td>10.15am</td>
<td>Resource update – Liz Bryan</td>
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<tr>
<td>10.25am</td>
<td>Case example</td>
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<td>Lorraine Carter, Princess Alice Hospice</td>
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<td>10.40am</td>
<td>• Break out rooms</td>
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<tr>
<td></td>
<td>In three’s practicing reflective discussion practice (8 mins each)</td>
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<td>Note any observations you would like to share</td>
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<tr>
<td>11.10am</td>
<td>• Feedback</td>
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<td>11.20am</td>
<td>• AOB :</td>
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<td>o additional members of the community of practice</td>
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<td>o Drop in – 11 August 2022 1 – 2pm</td>
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<td>11.30am</td>
<td>• Endings</td>
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Welcome

Anita Hayes
Head of Clinical Leadership, Hospice UK

www.hospiceuk.org
Safe Space Agreement

Cat Sullivan
Senior Clinical and Quality Improvement Lead, Hospice UK
Safe Space agreement

- Respect your fellow participants and their views
- Be honest
- Keep discussion confidential
- Be kind to one another
- All questions are welcome
- Be curious
- Actively participate
- Be present
- Be non-judgemental
- Respect and understand that our clinical environments whilst being similar are very different
Check in & Grounding

Cat Sullivan
Senior Clinical and Quality Improvement Lead, Hospice UK
Case Example

Lorraine Carter, Princess Alice Hospice
Break out practice
Break out practice

30 minutes

In three’s practicing reflective practice (8 mins each)

Note any observations you would like to share
Feedback
AOB

additional members of the community of practice
Drop in session 11 August 2022 from 1-2pm
Break for August
Enhancing Wellbeing through Resilience Based Clinical Supervision

Endings
Before you go…

Let us know your feedback via this survey:

https:// surveymonkey.co.uk/r/RBCSECHO19July
Next Session

Date: 20 September 2022

Time: 15:00 – 16:30