The Palliative & End of Life Care & Dementia ECHO Network

Year 2 - Curriculum Setting

Tuesday 12 July 2022

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Network Recording Declaration

During this ECHO session discussions will be recorded so that people who cannot attend will be able to benefit at another time. Filming is regarded as ‘personal data’ under the Data Protection Act 2018 General Data Protection Regulations (GDPR), under that law we need you to be aware that:

• This Data will be stored with password protection on the internet.
• This Data will be available for as long as your network continues to meet and will then be taken down from the internet and either stored securely at the Superhub or deleted.

Your ongoing participation in this ECHO session is assumed to imply your agreement to the use of your data in this way.

If you are NOT willing for your data to be used in this way, please LEAVE the session at this point.
# Agenda

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<tr>
<th>Time</th>
<th>Item</th>
<th>Presenters</th>
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<tr>
<td>13:45</td>
<td>Welcome and Introductions</td>
<td>Julia Russell, Senior Clinical and Quality Improvement Lead, Hospice UK</td>
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<tr>
<td>13:50</td>
<td>Overview of Project ECHO</td>
<td>Sumendip Shoker, Echo Project Support Officer, Hospice UK</td>
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<td>14:00</td>
<td>Review of the Palliative &amp; End of Life &amp; Dementia Network</td>
<td>Sharon Tolman, Service Development Consultant Admiral Nurse, Dementia UK</td>
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<td>14:30</td>
<td>Curriculum Setting</td>
<td>All</td>
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<td>15:40 – 15:45</td>
<td>Session Close</td>
<td>Julia Russell, Senior Clinical and Quality Improvement Lead, Hospice UK</td>
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Introductions
The Palliative & End of Life Care & Dementia ECHO Network

ECHOTM – Extension of Community Healthcare Outcomes

Not for profit international movement to improve knowledge and care by gathering a community of practice together on line, for learning and support, with the goal of improving decision-making by collaborative problem solving

Principles of the ECHO Model

A  Amplification - Use Technology to leverage scarce resources
B  Share Best practices to reduce disparity.
C  Case-based learning to master complexity
D  Web-based Database to Monitor Outcomes

When all the principles are applied, a learning community in which All Teach and All Learn comes together

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The Fundamentals of ECHO Ethos & Methodology

1. All Teach All Learn
2. Community of Practice
3. Participants and Hub
4. Trained Facilitation
5. Adult learning-loops.
6. A safe space to learn and share
7. Dedicated IT support
8. Dedicated Administration support
Extension Of Community Healthcare Outcomes

Participants register to join and then have access to a resource centre after each session held. This includes recorded presentations and slides.

Project ECHO therefore relies on presentations and case studies from participants.
What were the benefits reported? – Year 1 Evaluation Survey

- **91%** have shared their learning with other members of their team or service.
- **82%** agreed participation supported the quality of practice and the care to patients and/or service users.
- **80%** agreed participation increased their confidence in dealing with palliative, end of life care and dementia scenarios.
- **95%** agreed participation helped to feel more supported in role.
- **86%** applied knowledge gained into practice.
- **82%** agreed participation increased their knowledge of service initiatives across other services/teams.
- **95%** agreed Case Based learning as the focus for discussion is an impactful way of learning.
- **100%** would recommend Project ECHO as a useful learning tool to others.

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ECHO sessions to date..

Sharron Tolman Consultant Admiral Nurse
Curriculum setting Feb 2021

• Pain
• Delirium
• Frailty
• Early onset/rare dementias
• Advance care planning

Expert presenter and 2 case studies
Our members

- 218 registered
- 40-50– average attendance
- 320 in Community of Practice
- Nurse, AHP
- Dementia and/or palliative care specialist roles
- Research
- QI
- Service/organization leads
- Education
- Hospice staff
Pain and dementia – April 21

Consultant in palliative care, Dementia Consultant Hammond Care, NHS Specialist Nurse Practitioner

Pain assessment and management

Distress, decision making, behaviour change, comorbidities
Delirium – July 21

Consultant Geriatrician
RMN NHS Integrated Care home service
Dementia Specialist Palliative Care nurse, MH liaison
Overview of delirium
Not assuming dementia
Assessment and management plan
Frailty - Oct 21

Nurse Consultant
Cavendish Home care

NHS Dementia
Palliative care nurse

Academic Clinical
Lecturer Geriatric
medicine

Definition and
measurement

Association with
dementia

The Lantern Model
Rarer dementia- Jan 22

- Director of Dementia research, UCL
- Consultant Admiral Nurse- Good Care Group
- Rare Dementia Admiral Nurse

- Implications for palliative and End of Life care
- Implications/uniqueness for families
- Hope and younger people with dementia

14/07/2022 Hospice UK and Dementia UK ECHO
Early advance care planning
April 22

Consultants in palliative care and Consultant Admiral Nurse

Philosophical implications

Practicalities and implementation
Growing our network?
Curriculum Setting

Julia Russell
Senior Clinical and Quality Improvement Lead
Hospice UK

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Summary of survey results – topics that you would like to see covered for the next year.

- Specialist dementia studies and fact updates
- Diversity and equality - How we can improve ailing systems to provide truly integrated, person-centred care
- Care models for dementia/palliative care competencies and training
- Distress
- Co-morbidity
- Young age onset of dementia learning disabilities
- Cancer and dementia care combined in the hospice
- Pitfalls of using of pain tools in dementia
- Physiology of dementia
- Prolonged terminal agitation in people with dementia
Breakout room discussions: Learning Outcomes

• What are the objectives of this ECHO Network?

• What would you like your learning outcomes to be?

• Discuss the 4/5 main topics you would like to be covered
V vox
Case presentations and external speakers

- Core aspect of the ECHO methodology
- Opportunity to access expertise & peer support on real time issues
- 10 minute informal presentation using Hospice UK‘s template
External speakers

• Who would be helpful to the Network?

• Do you have any helpful existing connections?

• Are there any people and/or organisations you would like Hospice UK to approach?
Case presenters

- Which topic would you like to share a short case presentation on?
- This can focus on your issues, innovations, successes or set backs.
- 5-10 minute presentation based on your professional experiences and learning.
The Palliative and End of Life Care and Dementia ECHO Knowledge Network

Experience of Service or Practice Development Case Study
(e.g. implementation of new guidance, assessment tools, models of care)

ECHO ID: (for administrative use)
Name of presenter:

Key Theme For Case Presentation

Decide what the key issues you wish to highlight are and, the objectives of the intervention or change. Consider the ECHO participants and how you may be able to demonstrate value for them.

Background information/setting the scene

What was the case for e.g. change? Introduction of new tools, new referral criteria? Include here key points which will help participants understand the situation.

Interventions/ development / change

Interventions/ actions/ activities. Key points e.g. what you did or observed.

Output

Key points - what it took to achieve the change / intervention. Were there any barriers / constraints?

Outcomes

Any impact on patient/family, you and/or your service, other services or the wider health and social care system. Include here outcomes e.g. the changes that were made because of the interventions either by you or by your service. What might have happened without this intervention?

Reflections and points for discussion.

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Thank you and next steps

• Confirmation of the final curriculum & ECHO dates will available through the ECHO Resource library

• Confirmation of expert speakers and case presenters

• First ECHO session 19th October 2022

• For support please email echo@hospiceuk.org
Next Session:

Topic: TBC

Date: Wednesday 19th October
14:00-16:00