The Palliative and End of Life Care and Dementia ECHO Knowledge Network

Curriculum setting session
Introductions
Project ECHO team

Cathriona Sullivan, Senior Clinical & Quality Improvement Lead

Dr Karen Harrison-Dening, Head of Research & Publications, Dementia UK

Sharron Tolman, Consultant Admiral Nurse, Dementia UK

Dr Sarah Russell, Professional and Practice Development Facilitator, Dementia UK

Hazel Webb, Project ECHO Project Manager (London)

Stuart Duncan, Clinical Team Administrator

Lucy Donovan, ECHO Coordinator

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What is ECHO?

EXTENSION OF COMMUNITY HEALTHCARE OUTCOMES

Not for profit movement to improve care by gathering a community of practice together online, for learning and support with the goal of improving decision-making by collaborative problem solving.

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Project ECHO

Aim: Enhance decision making by collaborative problem solving

A. Amplification - Use Technology to leverage scarce resources
B. Share Best Practices to reduce disparity
C. Case Based Learning to master complexity
D. Web-based Database to Monitor Outcomes

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How does ECHO differ from a webinar or telemedicine?

**Webinar** VS **ECHO**

- **Online meeting/presentation**
- **Unidirectional** flow of information
- Single expert providing opinion
- Predetermined curriculum & schedule **set by lead**
- Usually one-and-done, or time-limited/specific

- A movement with an ethos & methodology
- Multidirectional flow of knowledge:
  - encourages **learning loops** where everyone is a teacher, everyone is a learner
- Based on **real-time experiences**
- Curriculum, schedule & frequency determined **guided by learners**
- Safe space to learn & share

www.hospiceuk.org
The Palliative and End of Life Care and Dementia ECHO Network Resource Library

• The Resource Library will be regularly updated with resources and recordings from your ECHO sessions

• Accessible via Hospice UK’s website using your Hospice UK log on
Join at: vevox.app

ID: 138-862-930
Welcome to the Palliative and End of Life Care and Dementia ECHO Knowledge Network
28
Total Responses

Date Created: Wednesday, November 25, 2020

Complete Responses: 28
Top Line Summary

- The majority of respondents play both dementia and palliative roles
- Majority were confident delivering dementia care
- Majority were confident providing palliative care
- Lower levels of confidence providing dementia care
- Majority confident supporting families
- Preferred time of meeting - 90 mins Tuesday pm preferred
- The top three topic themes: patient support (focus on delirium) followed by symptom management; staff training; strategy and policy
Your topics themed into groups for discussion today (in no particular order of preference)

Delirium (plus detection and management in C-19)
Whole family support (relationship centred care)
Symptom management
Frailty
Staff training: focus on how to get buy in by staff
Policy
Patient restlessness and sedation (can include legal and ethical implications)
Managing delerium in dementia
Services to support patients and families with dementia at home
Carer support
Co-morbidities and Dementia
Medicines management
Shared best practice for managing patients with delirium
End of life medications
Promoting better pain recognition and management

(A full set of survey results will be issued as a resource)
Topic Curriculum setting

• Identify and discuss the 5 main topics you would like to be covered in future ECHO Network sessions

• In pairs, identify your preferred topics and specifically what you’d like those topics to cover

• Then amalgamate your ideas and suggestions into 5 priority topics in a breakout room of 6

• Feedback your groups 5 priorities when you return using Vevox
Join at: vevox.app
ID: 138-862-930

- Type ‘vevox.app’ into your browser
- Enter the ID ‘138-862-930’
Case presentations and external speakers

- Core aspect of the ECHO methodology
- Opportunity to access expertise & peer support on real time issues
- 5-10 minute participant share using Hospice UK‘s template followed by group discussion
External speakers

- Who would be helpful to the Network?
- Do you have any helpful existing connections?
- Are there any people and/or organisations you would like Hospice UK & Dementia UK to approach?
Case presenters

• Which topic would you like to share a short case presentation on?

• This can focus on your challenges, innovations, successes or set backs.

• 5-10 minute presentation based on your professional experiences and learning.
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Patient Case Study
The purpose of this form is to provide top line information of the case being presented.

ECHO ID: (for administrative use)
Name of presenter:

Key Theme For Case Presentation

Decide what the key issues you wish to highlight are and, the objectives of the interventions. Consider the ECHO participants and how you may be able to demonstrate value to them.

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Diagnosis and Date

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<th>Treatment and Significant Investigation to date:</th>
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Background information/setting the scene

What was the case for e.g. change? Introduction of new tools, new referral criteria? Include here key points which will help participants understand the situation.
Thankyou and next steps

• Confirmation of the final curriculum & ECHO dates will be on your ECHO Resource library

• Confirmation of expert speakers and case presenters

• We will be in touch ahead of your first session

• For support please email echo@hospiceuk.org