



Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust serves a population of more than 420,000 across South Yorkshire, North Nottinghamshire and the surrounding areas.

Doncaster Royal Infirmary is a large acute hospital with over 500 beds, a 24-hour Emergency Department (ED), and trauma unit status.

Bassetlaw Hospital is an acute hospital with over 170 beds, a 24-hour ED and a full range of hospital services including a breast care unit and renal dialysis.

About the project

- Symptom control of pain accounts for over 70% of requests for SPCT assistance
- No uniform approach to pain from both ward teams as well as SPCT
- What tools are currently being used within DBTHFT and how effective are they
- Finding a tool that would work for all types of patients and diagnosis as well as within any care setting

Aims

- Improving pain and symptom management - Establish a pain assessment tool (CQC evaluation)
- Improving communication on handover from hospital to community - Education and training on symptom management
- Enabling choice and shared decision making on treatment options - Incorporating Pain Management Diary in to 'Me and My Plan'
- Improving future care planning in out patients - Empowering patients and relatives to understand their own symptoms and their management to facilitate a smooth transition irrespective of care setting

What was done?

- Review of electronic systems (DBTHFT) and tools currently used
- Face to face discussions with medical/nursing team regarding 'their favoured tools'
- Systematic literature review of pain tools – cancer and non-cancer
- Identification of '1 tool for all'
- Discussions with Defense & Veterans Center for Integrative Pain Management (DVCIPM)
- Permission to use the tool and registration with DVCIPM
- Systemic literature review of pain diaries
- Devising what the document would look like and sizing
- Clinical Records Committee
- Graphics team
- Patient Safety Review Group – shown to patients/families
- Graphics
- Diary produced - testing and refining

Impact and Learning

- Protocols on introducing new documentation and time scales this involves:
 1. Continuity of support systems
 2. Time scales
- Motivation
- Capacity to continue with project
- Developing roll-out after testing takes time

Key Messages

- Establish what systems and processes that your Trust have when introducing a new document
- Everything does not have to be perfect or have 'the finished product' before getting input from others
- Finding the time to collaborate with other teams

For full case study, visit www.hospiceuk.org/Both