

## The Conversation: resources shared by colleagues

This document provides a collation of resources mentioned by colleagues participating in the weekly COVID-19 ECHO sessions. It also includes information about other materials which have been brought to our attention outside of, but in relation to the ECHO sessions – these entries are shaded and the date when they were added to the list is noted in the ‘ECHO date’ column. Links to documents provided by ECHO participants are included as we receive them.

This list represents material and sources of help and support that have been brought to our attention; there may be further relevant resources which are not noted here. Inclusion in the list below does not imply approval or endorsement. It is the responsibility of the reader to determine the accuracy, validity and application of these resources and obtain any appropriate professional advice.

Main topic	Sub-topic	Resource	ECHO date
<b>Patient care</b>			
	<b>Learning from pandemics</b>		
		<b>Approaches to planning palliative care in a pandemic</b> <a href="https://www.jpsmjournal.com/article/S0885-3924(09)01143-9/fulltext">https://www.jpsmjournal.com/article/S0885-3924(09)01143-9/fulltext</a>  Downar J & Seccareccia D (2010) Palliating a pandemic: “all patients must be cared for”. J Pain & Symptom Management 39(2): 291-295	18 Mar.
		<b>The challenge of providing holistic care in a viral epidemic: opportunities for palliative care.</b>  <a href="https://journals.sagepub.com/doi/pdf/10.1191/0269216304pm859oa">https://journals.sagepub.com/doi/pdf/10.1191/0269216304pm859oa</a>	Added 18 Mar

Main topic	Sub-topic	Resource	ECHO date
		<p>Leong IY-O, Lee A O-K, Ng T W, Lee L B, et al (2004). The challenge of providing holistic care in a viral epidemic: opportunities for palliative care. <i>Palliative Medicine</i> 18(1): 12–18. Doi: <a href="https://doi.org/10.1191/0269216304pm859oa">https://doi.org/10.1191/0269216304pm859oa</a></p>	
		<p><b>Palliative care needs of people affected by natural hazards, political or ethnic conflict, epidemics of life-threatening infections, and other humanitarian crises.</b></p> <p><a href="https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-2">https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-2</a></p> <p><b>Care of the dying patient.</b></p> <p><a href="https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-9">https://oxfordmedicine.com/view/10.1093/med/9780190066529.001.0001/med-9780190066529-chapter-9</a></p> <p>From: Waldman E &amp; Glass M. (eds.) (2019) <i>A field manual for palliative care in humanitarian crises</i>. New York: Oxford University Press – These chapters have been made open access to assist with care during COVID-19</p>	<p>Added 18 Mar</p>
	<b>Bereavement</b>	<p><b>Marie Curie: Telephone bereavement support.</b></p> <p><a href="https://www.mariecurie.org.uk/help/support/telephone-bereavement-support">https://www.mariecurie.org.uk/help/support/telephone-bereavement-support</a></p>	<p>12 Mar.</p>
	<b>Care after death</b>	<p><b>No need for body bags</b></p> <p><a href="#">COVID-19: Guidance for infection prevention and control in healthcare settings. Version 1.0</a> (see p.30)</p> <p>Document issued jointly by the Department of Health and Social Care, Public Health Wales, Public Health Agency Northern Ireland, Health Protection Scotland and Public Health England as official guidance.</p>	<p>18 Mar</p>
	<b>Communication</b>	<p><b>COVID-ready communication skills: A playbook of VitalTalk tips</b></p> <p><a href="https://docs.google.com/document/d/1uSh0FeYdkGgHsZqem552iC0KmXlgaGKohl7SoeY2UXQ/mobilebasic">https://docs.google.com/document/d/1uSh0FeYdkGgHsZqem552iC0KmXlgaGKohl7SoeY2UXQ/mobilebasic</a></p> <p>A primer compilation from VitalTalk (Seattle) providing some practical advice on how to talk about difficult topics related to COVID-19.</p>	

Main topic	Sub-topic	Resource	ECHO date
	<b>Drugs administration: carers</b>	<p><b>Caring at home</b></p> <p><a href="https://www.caringathomeproject.com.au/">https://www.caringathomeproject.com.au/</a></p> <p>The Brisbane South Palliative Care Collaborative in Australia offers a range of practical resources intended for health care professionals to support carers and palliative care patients. The caring@home package for carers is designed to support one-on-one training by nurses who are teaching a carer to help manage breakthrough symptoms safely using subcutaneous medicines.</p>	Added 20 Mar
	<b>Screening &amp; testing: referral checklist</b>	<p><b>Marie Curie. (2020) Management of suspected cases of COVID-19 MCNS.</b></p> <p>[Document version: 16.03.20] This document will be available on our website shortly. [With thanks to Marie Curie for providing this flowchart.]</p>	12 Mar
<b>Settings</b>			
	<b>Community</b>	<p><b>COVID-19 hospital discharge service requirements</b></p> <p><a href="https://www.england.nhs.uk/coronavirus/publication/covid-19-hospital-discharge-service-requirements/">https://www.england.nhs.uk/coronavirus/publication/covid-19-hospital-discharge-service-requirements/</a></p> <p><i>Actions that must be taken immediately to enhance discharge arrangements and the provision of community support.</i></p> <p>Letter published by NHS England and NHS Improvement (19 March 2020)</p>	Added 20 Mar
		<p><b>COVID-19 Home Management Service in England</b></p> <p><a href="https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/preparedness-letter-primary-care-10-march-2020.pdf">https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/preparedness-letter-primary-care-10-march-2020.pdf</a></p> <p>NHS England and NHS Improvement. (2020) <i>Preparedness letter for general practice: 10 March 2020. COVID-19 Home Management Service (CHMS)</i>. Publications approval ref.: 001559 Link: [This is the second of a series of regular updates to general practice regarding the emerging COVID-19 situation.]</p>	12 Mar.
	<b>Care homes</b>	<p><b>Future planning</b></p> <p><a href="https://www.futureplanning.org.uk">https://www.futureplanning.org.uk</a></p> <p>[Referenced in conversation about support for care homes with documentation for managing use of CS meds.]</p>	12 Mar.

Main topic	Sub-topic	Resource	ECHO date
System-wide issues			
		<p><b>NHS response to government measures announced 16 March</b></p> <p><a href="https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/20200317-NHS-COVID-letter-FINAL.pdf">https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/20200317-NHS-COVID-letter-FINAL.pdf</a></p> <p>NHS England and NHS Improvement (2020). <i>Important and urgent – next steps on NHS response to COVID-19</i>. [Letter from Simon Stevens &amp; Amanda Pritchard, issued 17 Mar. 2020]</p>	Added 18 Mar
	Information support	<p><b>A commentary on key literature on palliative care in pandemic and related contexts</b></p> <p><a href="http://endoflifestudies.academicblogs.co.uk/palliative-care-and-covid-19/">http://endoflifestudies.academicblogs.co.uk/palliative-care-and-covid-19/</a></p> <p>From: Clark D, Krawzyck M, Richards N et al. (2020) <i>Palliative care and Covid-19</i>. End of life studies blog (Glasgow University) Mar 19</p>	Added 20 Mar.
	Information support: Repositories	<p><b>EAPC information repository: Coronavirus and the palliative care response</b></p> <p><a href="https://www.eapcnet.eu/publications/coronavirus-and-the-palliative-care-response">https://www.eapcnet.eu/publications/coronavirus-and-the-palliative-care-response</a></p>	18 Mar
		<p><b>The Lancet COVID-19 Resource Centre</b> (not palliative care specific)</p> <p><a href="https://www.thelancet.com/coronavirus">https://www.thelancet.com/coronavirus</a></p>	18 Mar
Workforce			
	Education & training	<p><b>COVID-19: CPR &amp; resuscitation for those teaching resuscitation techniques</b></p> <p><a href="https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-training/">https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-training/</a></p> <p>Resuscitation Council UK Statement on COVID-19 in relation to CPR and resuscitation for those teaching resuscitation techniques [Online], 4 March 2020</p>	Added 20 Mar
	HR	<b>Employer response guide</b>	18 Mar

Main topic	Sub-topic	Resource	ECHO date
		<p><a href="https://www.cipd.co.uk/knowledge/fundamentals/emp-law/health-safety/coronavirus-employer-response-guide">https://www.cipd.co.uk/knowledge/fundamentals/emp-law/health-safety/coronavirus-employer-response-guide</a> (19 March version)</p> <p>From: CIPD. <i>Coronavirus (COVID-19): employer response guide</i>. [Online] For more from CIPD, see also: <a href="https://www.cipd.co.uk/news-views/coronavirus">https://www.cipd.co.uk/news-views/coronavirus</a></p>	
	<b>Staff wellbeing: Pregnancy</b>	<p><b>Pregnancy and COVID-19: guidance for health professionals</b></p> <p><a href="https://www.rcog.org.uk/">https://www.rcog.org.uk/</a></p> <p>Royal College of Obstetricians &amp; Gynaecologists (2020) <i>Coronavirus (COVID-19) and pregnancy</i>. [Online] [Updated 18 March 2020]</p>	12 Mar.
	<b>Staff wellbeing: Staff support</b>	<p><b>GMC – supporting doctors</b></p> <p><a href="https://www.gmc-uk.org/news/news-archive/supporting-doctors-in-the-event-of-a-covid19-epidemic-in-the-uk">https://www.gmc-uk.org/news/news-archive/supporting-doctors-in-the-event-of-a-covid19-epidemic-in-the-uk</a></p> <p>General Medical Council (2020) <i>Joint statement: Supporting doctors in the event of a Covid-19 epidemic in the UK</i>. [Online] [Published 11 March 2020]</p>	12 Mar
		<p><b>Psychological first aid</b></p> <p>Everly G S &amp; Jeffrey M. Lating J M. (2017) <i>The Johns Hopkins Guide to Psychological First Aid</i>. Johns Hopkins University Press</p>	Added 19 Mar
	<b>Stay at home</b>	<p><b>Stay at Home guidance for households: current guidelines illustrated</b></p> <p><a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/873635/Stay_at_home_guidance_diagram.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/873635/Stay_at_home_guidance_diagram.pdf</a></p> <p>From: Public Health England. <i>Stay at home: guidance for households with possible coronavirus (COVID-19) infection</i>. [Online] Updated 18 March 2020</p>	
<b>Workplace</b>			
	<b>Clinical practice: ECHO presenter</b>	<p><b>ECHO 2 (18 March): resources from St Luke’s Hospice, Sheffield</b></p> <p><a href="#">Briefing to all staff and volunteers, 11 March 2020</a></p> <p><a href="#">Briefing to staff regarding partitioning and other matters, 13 March 2020</a></p>	Added 20 Mar

Main topic	Sub-topic	Resource	ECHO date
		<p>COVID-19 visitors letter, 13 March 2020</p> <p>Press release- St Luke's responds to COVID-19 threat to protect key services- EMBARGOES UNTIL FRIDAY 13 MARCH</p> <p>St Luke's Hospice initial testing and management for potential COVID-19 v3</p> <p>COVID-19 Status table v2</p>	
	Data management	<p><b>Information Commissioner's advice on data protection</b></p> <p><a href="https://ico.org.uk/about-the-ico/news-and-events/news-and-blogs/2020/03/covid-19-general-data-protection-advice-for-data-controllers/">https://ico.org.uk/about-the-ico/news-and-events/news-and-blogs/2020/03/covid-19-general-data-protection-advice-for-data-controllers/</a></p> <p>Information Commissioner's Office. <i>Data protection and coronavirus: what you need to know.</i> [Online] (12 March 2020)</p>	12 Mar.
	Infection prevention & control	<p><b>COVID-19: Guidance for infection prevention and control in healthcare settings</b></p> <p><a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/872745/Infection_prevention_and_control_guidance_for_pandemic_coronavirus.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/872745/Infection_prevention_and_control_guidance_for_pandemic_coronavirus.pdf</a></p> <p><i>COVID-19: Guidance for infection prevention and control in healthcare settings [Version 1.0]</i> Adapted from <i>Pandemic Influenza: Guidance for Infection prevention and control in healthcare settings 2020</i>. Issued jointly by the Department of Health and Social Care, Public Health Wales, Public Health Agency Northern Ireland, Health Protection Scotland &amp; Public Health England as official guidance.</p>	18 Mar
	PPE: supply	<p><b>PPE supplies for <u>social care</u> in Scotland</b></p> <p>Tel: 0300 303 3020. Email: support@socialcare-nhs.info</p> <p>NHS NSS Triage Centre for Social Care Supplies for COVID-19</p>	20 Mar
		<p><b>Primary care interim guidance – Public Health England</b></p> <p><a href="https://www.gov.uk/government/publications/wn-cov-guidance-for-primary-care/wn-cov-interim-guidance-for-primary-care">https://www.gov.uk/government/publications/wn-cov-guidance-for-primary-care/wn-cov-interim-guidance-for-primary-care</a></p> <p>Public Health England (2020) <i>COVID-19: interim guidance for primary care.</i> [Online] [Updated 19 Mar. 2020]</p>	12 Mar.

## Version control

Compiled by Melanie Hodson, Head of Information Support. Last updated: 10:58, 20 March 2020  
All links checked 20 March 2020.